

My Lunchbox

We should be bringing a healthy lunch to school.

Brain food:



Fruit



Vegetables



Yoghurt

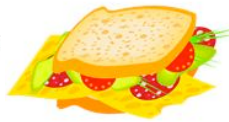


Air popped pop corn

Morning tea/ Lunch:



Bread, sandwiches, a wrap or rice.



Fruit



some other snacks

Drink:



A bottle of water

Do not bring!



Chocolate or lollies to school

Remember all waste that is not recyclable
needs to go home in your lunchbox